

## Ministry Description – Communion Helper

Communion Helpers distribute the communion elements so we can remember Jesus together in the way He asked us to.

### Basic Information

- There are 4 Communion helpers rostered for each service.
- If you are unable to fulfill your service role, please organise a swap and also let one of the people you are rostered on with know of the swap.
- Please be at the run-sheet meeting at 9:10 to hear any special instructions, choose which aisles each helper will take and pray with the team.
- Juice will be served in glass cups & the communion bread will be in the centre tray. There will be 3 GF Bread zip-lock bags on each tray too.
- Communion is a time for personal reflection. It's nice for helpers to make eye contact, have a friendly demeanour and to be ready to help people know what to do. It's not a good time for chatting!

### Procedure

- The host will call helpers up as they begin to explain how we take the elements.
- Sanitise hands using sanitiser bottle on the communion table.
- Retrieve communion trays from the communion table.
- Helpers 1,2 & 3 start distributing from the front & work their way to the back of the auditorium. Helper 4 starts with the foyer, production room and parents' room and may then start from the back if/where needed. Helper 2 begins with 2 trays, passing them either side from the central aisle. Helpers 1,2&3 will need to watch both sides of their aisles as trays pass back and forth.
- The helper will pass each tray one row back when it reaches them. Wait until the last person has taken their elements while you hold the tray!
- If the host begins to pray when you've already started handing out the elements, please just stop and wait!
- Do not pass trays to children or allow children to take from the tray while you hold it. Parents/carers may serve children at their discretion.
- The Host will let people know when it's time to pass the cups to the aisles to be collected.
- Collect the cups in the reverse order they were distributed.

